

Alpental SG Camp 2025 Safety Plan Ladies'/Men's SG

Call 911 in case of any emergency.

All officials and coaches must have a US Ski & Snowboard license, background screening, and SafeSport training.

The Coaches will check the hill and confirm the safety plan one day before the training.

Ski patrol is stationed at the top of the Pacific Crest lift with a TAS Radio. Any licensed coach or crew with a radio can call in ski patrol. The number for ski patrol is 425.434.6794 in all Summit areas. The aid room at Alpental is on the skiers' Left of the base Lodges. Ground transport to Issaquah or Bellevue for injuries. Ground or air transport to Harborview for more serious injuries.

There will be 60-second intervals between the first three athletes, then 30 seconds for all subsequent athletes.

The course will be cleared bottom up.

- 1. Finish (Yellow Flag)
- 2. Gun Mount (Yellow Flag)
- 3. Top of the Gut (Section)
- 4. Top Pitch (Yellow Flag)
- 5. Start

"Stop Start Stop Start" Coaches only

"Start Holding" Start Ref

"Course Clear" Coach member who called for the hold

"Clear from the bottom up" Start Ref